

## **Pre-procedure Instructions**

- Arrive 15 minutes before your scheduled procedure at our North Oaks office.
- Make driving arrangements with family member or friend if you plan to receive light oral sedation.
- It is not necessary to withhold foods or fluids. Eating a light meal before your procedure is recommended.
- Please avoid application of lotions to your legs on procedure days.
- Wear loose fitting clothing and comfortable shoes if possible.
- Plan to be at our office 2-2 ½ hours, unless otherwise instructed
- If you do not take oral sedation, you may drive to and from our office.
- Compression stockings are available and are fitted on procedure day in our office. If you have suitable compression stockings, you may bring them.
- Procedure shorts are provided. If you prefer, you may also bring your own procedure shorts.
- Notify Minnesota Vein Center at least two and one-half weeks of any schedule conflicts or procedure cancellations.

651-765-VEIN (8346)

**[www.mnveincenter.com](http://www.mnveincenter.com)**